

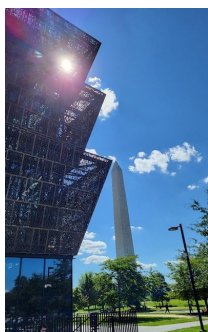
TRiO

Autumn/Spring

SSS Newsletter-
2023/2024
Volume 7—Issue 1

STUDENT SUPPORT SERVICES

TRIO goes to Washington DC!



TRIO's Autumn trip was a quest for American history and culture in Washington DC. We visited iconic Smithsonian museums including the American History, Natural History, African-American, and the Holocaust Memorial Museum. Our adventure continued at the Kennedy Center, where we were enchanted by the Broadway musical Moulin Rouge. We toured the United States Capitol and indulged in a delightful meal at Founding Farmers Restaurant. On our last evening, as the sun set over the Potomac River, we sailed into the night on the Spirit of Baltimore for a memorable dinner cruise. Our students engaged in animated discussions, dancing, and forged new friendships and connections. This immersive experience not only deepened our appreciation for history, but also fostered a sense of unity and camaraderie among the Trio community.



Inside this Issue

Washington DC	1
Trio Stats	2
Reptiles	3
Trio Stats	4
FAFSA Renewal	4
Staff Contact	5

Important Dates

First Day of Classes—Spring Semester	01/08
MLK Day—Holiday—College Closed	1/15
Spring Graduation Application & Cap & Gown Orders Due	2/02
Last Day to Drop/Withdraw (1st 8 Wk Courses)	2/9
Spring Term Ends	3/1
Spring Break—College Closed	3/4-3/8
Last Day to Register (2nd 8 wk Courses)	3/10
2nd 8 Week Courses Begin	3/11
All Hocking Learning Day	3/20

Autumn Semester Events & Activities

Trio students and staff are always up to something! Along with getting schoolwork completed, we have a ton of fun with a variety of events, trips, activities, and speakers.

These are just some of the many perks of being a Trio SSS member!



Wednesday Workshops!

Spring Semester Events	
January	OU Campus Tour/Tony Hawk Event
February	Mardi Gras/Super Bowl/Valentine Party Ohio Trio Student Leadership Conference
March	Hocking Hills Hike/Hocking Hills Lodge Tour & Lunch The Reptiles are Coming Back!
April	City Trip (Pittsburgh or Indianapolis)
May	The Wilds/Ziplining Graduation!



Facing Your Fears

With Reptile Adventures



Snakes. Just one word can send shivers down your spine. The simple thought of snakes can induce anxiety and nightmares. Not surprisingly, fear of snakes is a common human experience. In a 2021 Gallup poll, over 50% of adults surveyed said they were afraid of snakes, more than any other suggested possibility. Why is it that these creatures can strike fear in the bravest, toughest, biggest of people? Understanding and addressing this fear can lead to personal growth and the ability to coexist with these fascinating creatures peacefully.

Recently, Trio hosted Paul's Cool Scales for a fear-facing, hands-on workshop. Students and staff delved into a world of snakes and other reptiles, guided by Paul and his wife Joanna, who just happens to be a Hocking College grad. Participants learned about these fascinating creatures, gradually challenging their fears in a safe and supportive environment. Students and staff left empowered, having conquered their anxieties, transformed fear into understanding, and gained a newfound appreciation for the misunderstood world of snakes and reptiles.

If you missed out on this amazing event, have no fear—Paul's Cool Scales is scheduled to return on Wednesday, March 27th! We hope to ssssssssee you there.



OUR STAFF

Learn more about our program at <https://www.hocking.edu/academic-support#trio> or contact our staff:

Molly Watson

Director

t: 740-753-7159

e: watsonm0970@hocking.edu



Kim Coy

Coordinator/Advisor

t: 740-753-7105

e: coyk@hocking.edu



Dametrious Walker

Advisor

e: walkerd42738@hocking.edu



Hunter Parsons

**Tutor/ Math, English and
Health Sciences**

e: parsonsj42785@hocking.edu



Chelsea Worly

Coordinator/Advisor

e: worlyc@hocking.edu



Nicole Rudolph

Advisor/Tutor

e: rudolfn@hocking.edu



“I am so thankful for this program. There is always someone who can help you with your problem. If they can’t, they know someone who can. They go above and beyond. Thank you so much!” ~ TRIO student