



RELAXING Body Massages

Hocking Spa Massage

Our signature full-body massage stimulates circulation and soothes tight muscles. Your gifted therapist adapts eclectic techniques to your particular needs and preferences. Tension dissolves, leaving only comfort and well-being.

60 minutes | \$75 LMT

Hands, Feet & Scalp Massage

This is a relaxing alternative to a full-body massage. The hands, feet, and scalp are rich in nerve endings and acupressure points, yet they are often neglected. Begin with an aromatherapy scalp massage, followed by a massage for your hardworking hands and feet. 45 minutes | \$60 LMT

Head, Neck & Shoulders Massage

Give your stiff neck and tight shoulders a break – you'll feel better all over. This focused massage releases tension and restores comfort to this typically tense area. 45 minutes | \$60 LMT

Couples Massage

Side by Side with that special someone enjoy a relaxation massage at the hands of skilled therapist. Each of you will receive a massage to meet your relaxation needs. 55 minutes | \$160 per couple LMT (upon availability)

Additional Services

Sauna

Sometime for yourself to aid in tension relief, stress reducing, skin rejuvenation, immune system improvement, detoxifying as well as weight control to name some of the benefits. Up to 20-minute session| \$15 Add to any treatment for \$10

WOODLAND INSPIRED

Spa Facial Massages

Forest Mist Hydrating Facial Massage

This facial massage is perfect for mature or dehydrated skin types; it is packed with some of the most hydrating and nourishing ingredients to leave skin feel refreshed with a dewy glow 45 minutes | \$55

Frost Goddess Facial Massage

This facial massage is great for individuals with sensitive skin conditions, with the use of gentle hydrating products, this "no heat service" also incorporates the use of ice globes to help calm and soothe overstressed skin. 45 minutes | \$55

The Rugged Sycamore Gentleman's Facial Massage

Why should women have all the fun? This service uses products specifically designed for men. Service includes all the benefits of a spa facial as well as a beard cleanse and beard oil, if applicable. 45 minutes | \$55

*Add a 30-minute massage to any facial massage service for an additional fee of \$35

Aromatherapy

Add an Essential Oil of your choice to enhance your treatment experience, an additional \$5.00 per essential oil.